



# Compassion Fatigue for Animal Rescuers:

Understanding and managing the feelings that happen when you care so much.

Animal Ark Veterinary Clinic  
3515 Lawrence Street  
Clemmons, NC

Sunday November 10  
2 pm – 4 pm

Learn how to care for ourselves as we care for the needy animals that surround us.

- ◆ This is a free presentation sponsored by Wildlife Rehab, Inc.
- ◆ Seats are limited.

Please register by emailing:

[Kaisers@triad.rr.com](mailto:Kaisers@triad.rr.com)



It is highly recommended that participants read the following before the discussion:

**To Save A Starfish: A Compassion-Fatigue Workbook for the Animal Welfare Warrior**

By J. Bough

**A discussion led by  
Trisha Hothorn, LCSW**

Trisha Hothorn is a licensed psychotherapist. She has a Master of Arts in Liberal Studies and a Master of Arts in Clinical Social Work.

Throughout her 38 year career as a therapist, Ms. Hothorn has consistently noted the challenges of caring deeply for others - for herself, for her colleagues, for healthcare providers, and for those who provide rescue and rehabilitation for animals (via her sister's long work in wildlife rescue and rehabilitation).